DELTA DENTAL®

Your child's first dental visit

A child's first dental appointment is a milestone.

4 Months–1 Year
Teething starts

1 Year
1st dental visit

3 Years
All baby teeth come in

4–8 Years
Child can start brushing own teeth

5–6 Years
1st lost tooth

12–13 Years
All baby teeth lost

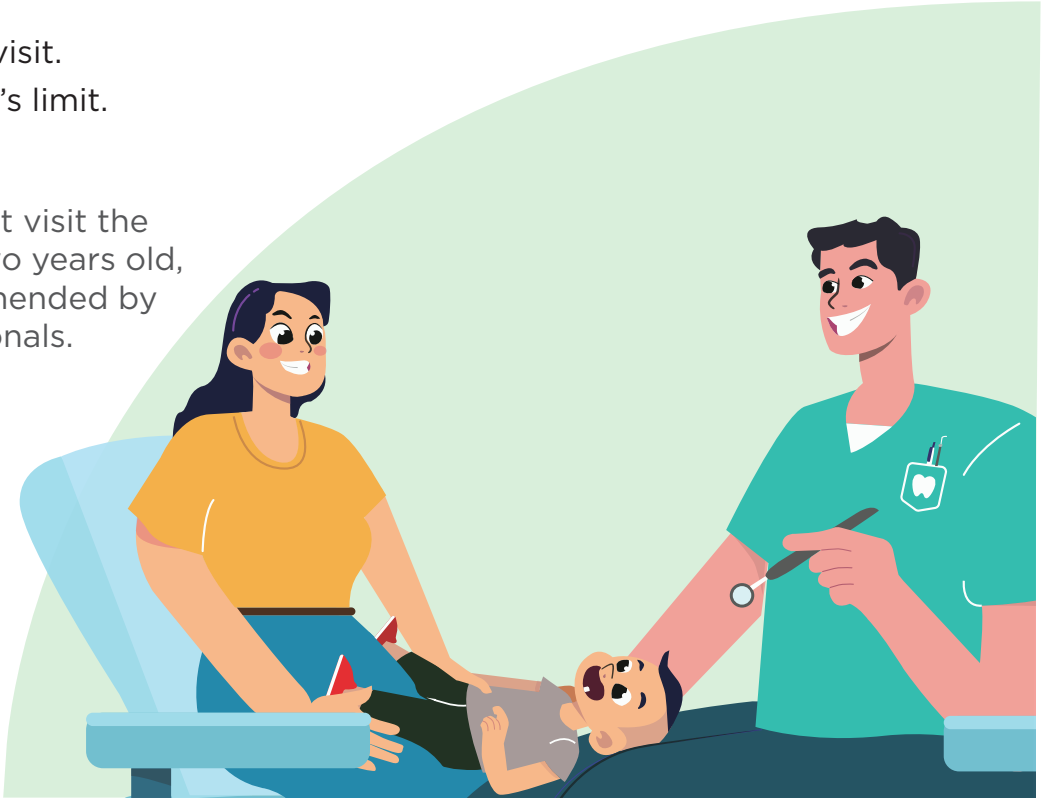
14–21 Years
Braces and wisdom teeth

Here are some things you can do to make sure your child's first dental visit is a good one:

1. Find the right provider.
2. Build excitement the first visit.
3. Know & respect your child's limit.
4. Celebrate!

Most American children don't visit the dentist until they are over two years old, which is later than is recommended by dental and medical professionals.

The American Academy of Pediatric Dentistry (AAPD) recommends that a child go to the dentist by age one or within six months after the first tooth erupts. Primary teeth typically begin growing in around six months of age.



The Power of Smile™
Learn more about how your oral health connects to your overall health at:
Blog.DeltaDentalNE.org

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